




# September 2023 USD 466 BREAKFAST MENU GRAB & GO



Mon	Tue	Wed	Thu	Fri
<p>There will be a choice of hot or cold grab n go for breakfast in all Scott County Schools!</p> <p><b>* HOT ITEM CHOICE</b></p>	<p>High School is offered choice of menu items listed daily —included are the following choices daily— Uncrustable—Mini Bagels</p>	<p>100% Fruit Juice and Choice of Milk offered daily</p> <ul style="list-style-type: none"> <li>•Menus are subject to change</li> <li>•This institute is an equal opportunity provider</li> </ul>	<p>WGR=Whole Grain Rich</p>	<p>2 *Quesadilla</p> <p>Muffin Cuties Sunflower Seeds—HS</p>
<p>4</p> 	<p>5 *Pancake/Sausage</p> <p>Mini Bread Dried Fruit Sunflower Seeds (HS)</p>	<p>6 *Breakfast Combo Bar</p> <p>Blueberry Muffin Apples</p>	<p>7 *Sausage McGriddle Waffle Snaps Grapes Yogurt Cup</p>	<p>8 * Breakfast Burrito</p> <p>Cinni Mini's Peaches</p>
<p>11 *Breakfast Pizza</p> <p>Long John's Apple Slices</p>	<p>12 *Mini French Toast</p> <p>Cheese It's Fruit Sunflower Seeds (HS/ MS)</p>	<p>13 *Sausage Pigs</p> <p>Yogurt Granola Bar Banana</p>	<p>14 *Egg/Cheese McMuffin</p> <p>Oatmeal Round Grapes</p>	<p>15 *Quesadilla</p> <p>Apple Filled Donuts Fresh Strawberries</p>
<p>18 *Pizza Bagel</p> <p>Strawberry Bagel Cuties String Cheese &amp; Mini Donuts—HS</p>	<p>19 *Pancake/Sausage</p> <p>Muffin Mandarin Oranges</p>	<p>20 *French Toast Bites</p> <p>Sliced Banana Bread Banana</p>	<p>21 *McGriddle</p> <p>Mini Bread Sliced Apples</p>	<p>22 *Breakfast Burrito</p> <p>Cinnamon Roll String Cheese Pineapple Tidbits</p>
<p>25 *Breakfast Pizza</p> <p>WGR Powdered Donuts Apples Mini Pretzels —HS</p>	<p>26 *Mini Waffles</p> <p>Breakfast Round Dried Fruit * HS Yogurt Cups</p>	<p>27 *Sausage Pigs</p> <p>Cereal Bars Tropical Fruit *Sunflower Seeds HS/MS</p>	<p>28 *Egg/Cheese McMuffin</p> <p>Cherry Frudel Cuties</p>	<p>29 *Breakfast Burrito</p> <p>WGR Donut Sunflower Seeds MS/HS Fruit Cup</p>